May 2016

The Heart of America Boxer Club Newsletter

www.hoabc.org

Newsletter for the Heart of America Boxer Club

The next HOABC club meeting - Sunday May 1, 2016 @ 1100-Barleys Brewhaus (in the back room) @ 11924 W 119Th St, Overland Park, Kansas

So...you say you DON’T have a spiffy Heart of America Boxer Polo shirt?? You don’t want to be the Odd Man (or woman) out at our next function!??!! Well.. Get with Mark Ewing!

<table>
<thead>
<tr>
<th>Plaque</th>
<th>Full Name</th>
<th>Plate</th>
<th>Call name</th>
<th>Date of Title</th>
<th>Member/Owner</th>
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<tbody>
<tr>
<td>CH</td>
<td>Olympic W’ Harmony's Distance Traveled</td>
<td></td>
<td>“Miles”</td>
<td>April 2015</td>
<td>Nicki McFarland</td>
</tr>
<tr>
<td>CH</td>
<td>JeSaJay’s Bubbling Brew at Shadow River</td>
<td>GCH</td>
<td>“Millie”</td>
<td>July 2014</td>
<td>Sabrina Jay</td>
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<tr>
<td>CH</td>
<td>Envision Yakety Yak Don’t Talk Back</td>
<td></td>
<td>“Sophia”</td>
<td>Sept 2015</td>
<td>Julie Higgins</td>
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<tr>
<td>CH</td>
<td>Breho Emerson Voodoo Magic</td>
<td></td>
<td>“ViVee”</td>
<td>July 2015</td>
<td>Jim and Karen Emerson</td>
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<tr>
<td>GCH</td>
<td>Emerson Breho Soul Patrol of Windwood CD BN</td>
<td>RN</td>
<td>“Reuben”</td>
<td>May 2015</td>
<td>Jim and Karen Emerson</td>
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<tr>
<td>CH</td>
<td>Envision Who’s Cheap Talkin Now</td>
<td></td>
<td>“Rick”</td>
<td>July 2015</td>
<td>Julie Higgins</td>
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<tr>
<td>CH</td>
<td>Homeplace Absolutely Mystical Maiden</td>
<td>GCH</td>
<td>“Ginger”</td>
<td>October/November 2015</td>
<td>Scott Reiser</td>
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<tr>
<td>CH</td>
<td>Encore’s FarMore Under Your Spell</td>
<td>GCH</td>
<td>“Vegas”</td>
<td>October 2015</td>
<td>Amber and Daniel Gates</td>
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<tr>
<td>CH</td>
<td>Emerson Breho Magic Man</td>
<td></td>
<td>“Dover”</td>
<td>November 2015</td>
<td>Jim and Karen Emerson</td>
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<tr>
<td>CH</td>
<td>Encore’s FarMore Ulterior Motives</td>
<td></td>
<td>“Dover”</td>
<td>January 2016</td>
<td>Amber and Daniel Gates</td>
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<td>CH</td>
<td>Galaroc N Ewing’s Show Off</td>
<td>NA</td>
<td>“Shiloh”</td>
<td>July 2015</td>
<td>Mark and Janet Ewing</td>
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<tr>
<td>CH</td>
<td>Galaroc N Ewing’s Show Biz</td>
<td>NAP</td>
<td>“Carmel”</td>
<td>July 2015</td>
<td>Mark and Janet Ewing</td>
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<tr>
<td>CH</td>
<td>Olympic n Happy Tails Why Not</td>
<td></td>
<td>“Kendal”</td>
<td>March 2016</td>
<td>Nicki McFarland</td>
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</tbody>
</table>

Remember- April 1 is the cut off for ALL plaques – be sure to get information to Amber Gates

DUPLICATE plaques can be ordered!

Member Brags

IF you would like to be included in the newsletter brags…please send them to farmoreboxers@yahoo.com by the 20th of each month!

- 4/9/16 Graham – Dusty Road’s Thrill Ride –Salina KC, Kansas- WD (Mr Roger Hartinger) –owned by Rachel Hoodson, Judy and Randal Pasbrig
- 4/10/16 Graham – Dusty Road’s Thrill Ride –Wichita KC#1, Kansas- WD/BOS (Mr Donovan Thompson) –owned by Rachel Hoodson, Judy and Randal Pasbrig
- 4/9/16 Rev –Encore’s Macaroon – Salina KC, Kansas- WB/BOW/BOS (Mr Roger Hartinger) — Owned by Amber and Daniel Gates
- 4/14/16 Rev –Encore’s Macaroon – North East OK KC #1, Grove, OK – WB () – Owned by Amber and Daniel Gates
- BOTH Rev and Graham ran the Lure Course over the long weekend and sped away with a new title each! Coursing Ability while at the Park City shows!

Check out our Facebook page for Updates...
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<thead>
<tr>
<th>Club</th>
<th>City</th>
<th>State</th>
<th>Show Date</th>
<th>Breed Judge</th>
<th>Entry Last Year</th>
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<tr>
<td>Heart of Iowa Kennel Club</td>
<td>Marshalltown</td>
<td>IA</td>
<td>30-Apr-16</td>
<td>Mr. Richard Lashbrook</td>
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<tr>
<td>Heart of Iowa Kennel Club</td>
<td>Marshalltown</td>
<td>IA</td>
<td>1-May-16</td>
<td>Mr. Carl Gene Liepmann</td>
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<td>Seward County Kennel Club</td>
<td>Seward</td>
<td>NE</td>
<td>30-Apr-16</td>
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<td>Seward County Kennel Club</td>
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<td>Faith City Kennel Club of Wichita Falls</td>
<td>Wichita Falls</td>
<td>TX</td>
<td>30-Apr-16</td>
<td>Debra Thornton</td>
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<td>Faith City Kennel Club of Wichita Falls</td>
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<td>TX</td>
<td>1-May-16</td>
<td>Mr. Ralph (Sonny) Ambrosio</td>
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<tr>
<td>Baytown Kennel Club, Inc.</td>
<td>Crosby</td>
<td>TX</td>
<td>30-Apr-16</td>
<td>Mrs. Faye Strauss</td>
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<td>Baytown Kennel Club, Inc.</td>
<td>Crosby</td>
<td>TX</td>
<td>1-May-16</td>
<td>Mr. Donavon Thompson</td>
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<td>Rolla Missouri Kennel Club</td>
<td>Gray Summit</td>
<td>MO</td>
<td>6-May-16</td>
<td>Mrs. Faye Strauss</td>
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<td>Spirit of the Heartland Kennel Club</td>
<td>Gray Summit</td>
<td>MO</td>
<td>7-May-16</td>
<td>Mrs. Cathy H Daugherty</td>
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<td>Jefferson County Kennel Club of Missouri</td>
<td>Gray Summit</td>
<td>MO</td>
<td>8-May-16</td>
<td>Dr. Ronald I Spritzer</td>
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<tr>
<td>Sunflower Kennel Club of Olathe, Kansas</td>
<td>Topeka</td>
<td>KS</td>
<td>7-May-16</td>
<td>Michael G Hill</td>
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<tr>
<td>Salina Kennel Club, Inc.</td>
<td>Topeka</td>
<td>KS</td>
<td>8-May-16</td>
<td>Mr. Timothy Catterson</td>
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<td>Sunflower Kennel Club of Olathe, Kansas</td>
<td>Topeka</td>
<td>KS</td>
<td>9-May-16</td>
<td>Ms. Marjorie Martorella</td>
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<td>Caddo Kennel Club of Texas</td>
<td>Marshall</td>
<td>TX</td>
<td>7-May-16</td>
<td>Dana P Cline</td>
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<td>Caddo Kennel Club of Texas</td>
<td>Marshall</td>
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<td>8-May-16</td>
<td>Mr. Brian Meyer</td>
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<td>Denton Kennel Club, Inc.</td>
<td>Denton</td>
<td>TX</td>
<td>14-May-16</td>
<td>Mrs. Joan Luna Liebes</td>
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<td>Denton Kennel Club, Inc.</td>
<td>Denton</td>
<td>TX</td>
<td>15-May-16</td>
<td>Hal T Biermann</td>
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<tr>
<td>Kennel Club of Greater Victoria, Inc.</td>
<td>Victoria</td>
<td>TX</td>
<td>14-May-16</td>
<td>Mrs. Deborah Y Verdon</td>
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<td>Kennel Club of Greater Victoria, Inc.</td>
<td>Victoria</td>
<td>TX</td>
<td>15-May-16</td>
<td>Dr. Eric Liebes</td>
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<td>Abilene Kennel Club</td>
<td>Abilene</td>
<td>TX</td>
<td>20-May-16</td>
<td>Mrs. Cindy Meyer</td>
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<td>Abilene Kennel Club</td>
<td>Abilene</td>
<td>TX</td>
<td>21-May-16</td>
<td>Mr. Roger R Hartinger</td>
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<td>Abilene Kennel Club</td>
<td>Abilene</td>
<td>TX</td>
<td>22-May-16</td>
<td>Mrs. Doris Cozart</td>
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<td>Key City Kennel Club, Inc.</td>
<td>St. Peter</td>
<td>MN</td>
<td>28-May-16</td>
<td>Mr. Charles L Olvis</td>
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<tr>
<td>Key City Kennel Club, Inc.</td>
<td>St. Peter</td>
<td>MN</td>
<td>29-May-16</td>
<td>Mr. Charles E Trotter</td>
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<tr>
<td>Mid-Continent Kennel Club of Tulsa, Inc.</td>
<td>Stillwater</td>
<td>OK</td>
<td>28-May-16</td>
<td>Mr. Desmond J Murphy</td>
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<tr>
<td>Mid-Continent Kennel Club of Tulsa, Inc.</td>
<td>Stillwater</td>
<td>OK</td>
<td>29-May-16</td>
<td>Mrs. Danielle M Brown</td>
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<tr>
<td>Flatirons Kennel Club</td>
<td>Longmont</td>
<td>CO</td>
<td>4-Jun-16</td>
<td>Mr. William C Stebbins</td>
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<tr>
<td>Flatirons Kennel Club</td>
<td>Longmont</td>
<td>CO</td>
<td>5-Jun-16</td>
<td>Ms. Beverly Capstick</td>
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<td>Missouri Rhineland Kennel Club</td>
<td>Gray Summit</td>
<td>MO</td>
<td>3-Jun-16</td>
<td>Debra Thornton</td>
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<td>Missouri Rhineland Kennel Club</td>
<td>Gray Summit</td>
<td>MO</td>
<td>4-Jun-16</td>
<td>Ms. Mary Anne Brocious</td>
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<tr>
<td>Mississippi Valley Kennel Club</td>
<td>Gray Summit</td>
<td>MO</td>
<td>5-Jun-16</td>
<td>Ms. Marjorie Martorella</td>
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<tr>
<td>Mississippi Valley Kennel Club</td>
<td>Gray Summit</td>
<td>MO</td>
<td>6-Jun-16</td>
<td>Mr. Dennis J Gallant</td>
<td>9</td>
</tr>
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</table>

NEW points...starting May 11, 2016!
Helpful Links

**Kansas all breed clubs**
- [http://sunflowerkc.wordpress.com/](http://sunflowerkc.wordpress.com/)
- [www.wichitakennelclub.com](http://www.wichitakennelclub.com)
- [www.gardencityKS Kennelclub.com](http://www.gardencityKS Kennelclub.com)
- [www.hutchinsonkennelclub.org/](http://www.hutchinsonkennelclub.org/)
- [www.ljkc.com/](http://www.ljkc.com/)
- [www.salinakennelclub.org/](http://www.salinakennelclub.org/)
- [www.TopekaKC.org](http://www.TopekaKC.org)

**Kansas Obedience Clubs**
- [www.wichitadogtrainingclub.com](http://www.wichitadogtrainingclub.com)

**Missouri all breed clubs**
- [www.JCKC.org](http://www.JCKC.org)
- [www.missourirhinelandkc.com](http://www.missourirhinelandkc.com)
- [www.heartlandkc.org](http://www.heartlandkc.org)
- [joplindogs.com](http://joplindogs.com)

**Missouri Obedience Clubs**
- [kansascitydogtraining.com/](http://kansascitydogtraining.com/)
- [www.gsltc.org](http://www.gsltc.org)
- [www.mcotc.org](http://www.mcotc.org)
- [www.showmek9.com](http://www.showmek9.com)

**Important Links- health/clinics**

**BLUE PEARL**

**Overland Park**
- Overland Park 913.642.9563
- 11950 West 110th St
- Overland Park KS 66210

**Kansas City North**
- 816.759.5016
- 139 NE 91st Street
- Kansas City, MO 64155

**Missouri Obedience Clubs**
- [www.offa.org](http://www.offa.org)
- [http://www.cavalierhealth.org/Cardiologists.htm](http://www.cavalierhealth.org/Cardiologists.htm)

Area Barn Hunt Clubs

**Barn Hunt Association LLC**
- [http://www.barnhunt.com](http://www.barnhunt.com)
- 3506 Westwind Dr
- Columbia MO 65202

**Sunflower Kennel Club of Olathe, KS, Inc**
- [http://ksexpo.com](http://ksexpo.com)
- Trial Chair: Lori Pierson
- 913-485-4027
- firecreek@everestkc.net

**Columbia Canine Sports Center, LLC**
- [http://www.columbiak9sportscenter.com](http://www.columbiak9sportscenter.com)
- 4506 I70 Dr SE
- Columbia MO 65201
- Trial Chair: Kathy Echols
- 573-673-9680
- krechols@aol.com

**Salina Kennel Club, Inc**
- Trial Chair: Don Phillips
- phil20021@cox.net

**CLUB HOLTER**

The club has an analog Holter that is available for use by club members.

1. No rental fee
2. Member needs to purchase the number of tape kits needed
3. Rental time is 10 days - adequate to test 5 dogs
4. Shipping to and from the member is the members' responsibilities.
5. Member is responsible for the condition of the Holter and accompanying vest.
6. Members must sign the usage agreement prior to use.
7. Contact Sabrina @ [sabrina@lattahomes.com](mailto:sabrina@lattahomes.com) for availability
Officer & Directors 2015-2016
President: Karen Emerson (2017)
Vice President: Mark Ewing (2017)
Secretary: Amber Gates (2016)
Board Member: Janet Ewing (2016)
Treasurer: Sabrina Jay (2016)
Board Member: Thomas Latta (2017)
Board Member: Jeanine Millard (2017)

Committee Assignments for 2015-2016
Show Chairperson: Jeannine
Hospitality: Joyce (C), Liz, Scott, Rachel, and Kyle
Fundraising: Jeannine (C), Jim, Peyton, Tom L, Tom D, and Dan
Advertising: Tiffany (C) and Nikki
Nominating: Mark
Historian: Peyton
Breeder Referral: Carol
Membership: Jeannine and Julie
Public Education: Tiffany (C), Julie, and Joyce
Door Prize: Carol (C), Hailey

Trophies: Janet (C), Mark and Tom D
Facebook Updates: Amber (C) and Peyton
Performance: Mark (C), Janet, and Rachel
Annual Meeting: Sabrina (C), and Julie
Cards & Flowers: Sabrina (C) and Carol
Website: Tom L
Boxer Rescue: Liz
Newsletter: Amber
Legislation: Joyce

Call 1-855-M6-4Dogs and use code CP542764 to receive your 10% discount – or use their app

We need help!
Please! Help get the word out! MO/KAN Boxer rescue is in need of qualified Foster homes.

Some BASIC requirements to be considered for a Foster Home.....
• Fencing is not required but is preferred; not having a fence will limit placement options.
• All other pets in the home must be UTD on shots and on HW prevention year-round.
• Contact Elizabeth or Joyce for more information at mokanboxerrescue@earthlink.net
Protein and Senior Dogs by Diana Laverdure-Dunetz

Diana Laverdure-Dunetz is my co-author for Canine Nutrigenomics: The New Science of Feeding Your Dog for Optimum Health and The Canine Thyroid Epidemic: Answers You Need for Your Dog. I am pleased to share with you an excerpt from her two-part article covering preventative measures on canine aging. Her original article is very comprehensive and covers topics I have discussed previously but with a slightly different angle. I chose to highlight protein and seniors, and encourage you to read both articles. Enjoy! – Jean Dodds, DVM

I dedicate this article to the main man of my life, Chase. (Don’t worry; my husband knows and is quite comfortable with his place!) Any of you who are familiar with my story know that Chase is the reason I have committed my life to helping dogs live as long and healthy as possible through nutrition. As I write this, it’s hard to believe that January 2016 marked 14 years that Chase and I have been together. I don’t know Chase’s exact age because he is adopted and was not a puppy at the time. I do know that he is at least 15, and for a Shepherd mix, I count our blessings that while he has some arthritis, he is still healthy, happy, alert and has an amazing zest for life (and food!). After all, while we all want our dogs to enjoy a long life, we also want that life to have quality. Quantity + quality = the best of both worlds for the relatively short time we get to spend with our best friends.

A Background of Aging and Disease

Some changes associated with aging in dogs are normal and expected physiologic changes, such as a decrease in metabolism, eyesight or hearing function. Other changes, however, are pathologic, such as cancer.

Like many older people, senior dogs are falling victim to an increasing number of chronic lifestyle-related diseases. Are these diseases the result of many years of eating a diet that is not species-appropriate? While no studies I am aware of have been conducted on this issue, research has drawn a clear relationship between diet and chronic disease, and so I think it is reasonable to question whether many of the illnesses manifesting in older dogs are the result of a lifetime of improper nutrition “catching up” with them.

The good news is that both physiologic and pathologic age-related changes in senior dogs can benefit from nutritional intervention. Chronic renal disease, diabetes mellitus and heart failure are just three examples of age-related conditions responsive to diet.

As we discuss nutrition for dogs, it’s important to remember that there is no clear-cut age at which a dog becomes a “senior.” Unlike people, the expected lifespan of dogs varies widely depending on factors such as breed and size.
According to the American Animal Hospital Association’s (AAHA) Senior Care Guidelines Task Force, companion animals should be classified as seniors when they are in the last 25% of their predicted lifespan based on their species and breed. Be sure to work with your veterinarian to determine when your dog officially joins the ranks of the senior population.

**Protein: Essential to a Healthy Senior Dog**

Protein is a key nutrient for senior dogs. Protein is essential to life and just about every chemical reaction that takes place in the cells. Protein provides essential amino acids and is responsible for building and repairing muscles and tissues. Protein provides the structure for skin, hair, nails, bones, joints, tendons, ligaments, cartilage and muscle fibers. Proteins also help keep the immune system strong by protecting it from foreign “attackers” such as viruses, bacteria and toxins. These are just a few of the vital functions that proteins carry out every day.

Protein is also the subject of a lot of misinformation – misinformation that could prove detrimental or fatal to your senior dog. Many people mistakenly believe that protein requirements decrease in older dogs, when in fact the opposite is true.

**Healthy older dogs need more protein – about 50% more protein – due to an age-related decline in protein synthesis and an increase in protein turnover.**

When the diet does not contain adequate protein, the body “steals” protein from the dog’s lean body mass (LBM) to support essential protein synthesis. Aging dogs already have less LBM than younger dogs, and inadequate protein intake accelerates this loss. Even if the dog looks healthy, he will have less ability to respond to environmental assaults, including infections and toxins. Loss of LBM is a predictor of morbidity and mortality in older dogs. On the other hand, abundant dietary protein slows the loss of LBM.

Healthy older dogs should receive at least 25% of their calories from high-quality protein, from a diet containing at least 7 g protein/100 Kcal ME. What is high-quality protein? The highest quality proteins for dogs are derived from animal sources – not inferior plant-based sources, such as corn, wheat or soy. Certain dogs, such as those with late-stage kidney disease, may benefit from restricted protein diets, however such special diets should be formulated by an expert in canine nutrition who has received a post-graduate degree from an accredited university.

In cases where older dogs must receive fewer calories to manage their weight, the proportion of energy in the diet provided by protein should be increased.

**Gluten is a poor quality protein that impairs brain health**

In people, gluten sensitivity has been linked with impaired brain function, including learning disabilities, ADHD and memory problems. Gluten sensitivity may even manifest exclusively as a neurological disease, without any GI symptoms. According to David Perlmutter, MD, FACN, ABIHM, a board certified neurologist and fellow of the American College of Nutrition and author of *Grain Brain: The Surprising Truth about Wheat, Carbs, and Sugar—Your Brain’s Silent Killers*, gliadin, a protein in gluten, triggers an antibody response in the body that results in elevated levels of inflammatory cytokines. These cytokines are present in patients with Alzheimer’s disease and other neurological conditions, such as Parkinson’s, multiple sclerosis and autism.
In 2006, researchers from the Mayo Clinic found an association between patients with both Celiac Disease and progressive cognitive impairment, further supporting the link between the damaging effects of gluten and impaired brain health.

The last thing your aging dog needs is a cascade of brain-related inflammation, so removing gluten from his diet makes perfect sense. Unless your older dog suffers from an illness that necessitates protein restriction, don’t skimp on feeding him lots of high-quality protein. He’ll thank you for it!

W. Jean Dodds, DVM

Fun Stuff!

Rev on her way to get her Coursing Ability title in Park City!!

Graham on his way to get her Coursing Ability title in Park City!

Ascan on a fun run in Lawrence!

Daryl – waiting to be served....